In 2012, we will be distributing shoes to the children of Swaziland and would like to give them a hand knit doll at the same time. These dolls are called “DUDUZA” (comfort) dolls. We are hoping to have 10,000 dolls made to distribute in 2012, but we also would like to sell 500 dolls to raise funds for the El Roi home for abandoned babies in Swaziland.

This is a two part project. First, we need people like you to make the dolls. Next, we will sell some of the dolls on our website for $15 each then donate another doll to a child in Swaziland. People will have the option to donate both dolls to children in need if they choose to.

**Deadlines:**
- December 1st - for the perfect hand made Christmas gift
- January 15th - for the sweetest Valentine’s Day gift made with love
- March 30th - to send to Swaziland for the children!

For more information: [duduzadolls@heartforafrica.org](mailto:duduzadolls@heartforafrica.org) 678-566-1589

[www.heartforafrica.org](http://www.heartforafrica.org)
**Materials:** Worsted weight wool or cotton in small amounts. Please use brown for the feet and face. Fiberfill for the stuffing.

**Needles:** US #6 and #7 (#3 and 4 will make a smaller doll)

**Instructions:**

With #4 needles and brown, cast on 32 sts. Work 4 rows in stockinette stitch, leaving a 12” "tail" to gather for feet when completing doll.

**Change colors for trousers.** Work 16 rows in stockinette stitch. Change colors for belt. Knit two rows (garter stitch).

**Change colors for sweater.** Work 13 rows in stockinette stitch. Next row, P3, P2tog, (P6, P2tog) 3 times, P3. Cut yarn, leaving a 12” "tail" to gather for neck. Change to brown for face. Changing to size 3 needles, work 10 rows in stockinette stitch. Change to black for hair or colored yarn for cap. Knit two rows (garter stitch) for border. If knitting hair, continue in reverse stockinette stitch, first purling one row and then decreasing as follows:

Row 1: (Knit 4, k 2 tog) x 4, knit 4 (24 sts).
Row 2 and all even rows: Purl
Row 3: (Knit 3, K 2 tog) x 4, knit 4 (20 sts).
Row 5: (Knit 2, k 2 tog) x 4, knit 4 (16 sts).
Row 7: (Knit 1, k 2 tog) x 4, knit 4 (12 sts).
Row 8: (Purl 2 tog) across row.

**If knitting a cap,** work 2 rows of stockinette stitch and then decrease as set forth above.

**Finishing:** Thread remaining sts onto needle and sew up cap. Sew up face. Run the gathering thread through the last row of sweater stitches and, after stuffing head, pull up tightly for neck, finishing off securely.

**Sew up centre back.** Run the gathering thread through last row of feet. Stuff body and pull up gathering thread tightly, finishing off well.

**Complete feet by** sewing up center seam and then stitching front to back through both thickness of knitting, i.e., dividing feet, which are stuffed individually. Fold foot across cast on edge at right angles to body and sew up. Finish off other foot in same way.

**Define legs by** sewing through all thicknesses from feet towards belt, finishing off 2 rows from belt. Define arms in same way starting 2 rows from neck. Embroider face as desired to give your doll character.

**Please ship dolls to:**

Heart for Africa  
1700 Victorian Court  
Alpharetta, GA 30009

www.heartforafrica.org
Duduza Doll
Schematic

Note: Read schematic from bottom up

Leave 8" tail for sewing
Hat: 8 rows stocking stitch
Hair: 8 rows garter st.
Decrease knit rows x4
2 rows garter st.
change to hat color or black for hair

10 rows stocking st.
change needle to size 2 or 3
change to brown

Leave 6" tail to gather for neck
Row 14, decrease 4 sts evenly
(knit 3, dec 1,
then dec after every 6 sts x3)
14 rows garter or stocking

9 rows
Change color

16 rows
Change to pants/skirt color

4 rows stocking stitch
Cast on 32 stitches brown
Crochet hook  Size C, Depending on your yarn you can use a 2.75mm – a 3.5mm crochet hook

Chain 36.  Single crochet in 2nd stitch from hook, and sc across.  *Chain 1, turn and sc across.*

Repeat from * - Leave 6” tail to gather for feet when completing doll.

**Change color for pants.**  Chain 1, turn and sc across.  *Chain 2, turn dc across.*
Repeat from * for three rows.

**Change color for belt.**  *Chain 1, turn and sc across.  *Repeat from *

**Change color for shirt.**  *Chain 2, turn and dc across*.  Repeat from * for two more rows.

**Change color for head.**  Chain 1, turn and sc across.  *Chain 2, turn dc across*.  Repeat from * for seven rows.

**Change color for cap.**
Row 1:  Chain 1, turn, sc across.  Decrease evenly by 4 stitches.
Row 2 and all even rows, sc across.
Row 3:  Decrease by 4 stitches
Row 5:  Decrease by 4 stitches
Row 7:  Decrease by 4 stitches
Row 9:  Decrease by 4 stitches

**Thread remaining stitches** onto needle and sew up cap.  Sew up face.  Embroider face as desired.  Run gathering thread through last row of shirt stitches and after stuffing the head, pull up tightly for neck and finish off securely.

**Sew up back of doll.**  Run the gathering thread through last row of feet.  Stuff body and pull up gathering thread tightly finishing off well.

**Complete feet by** sewing up center seam through both thickness of crocheting, dividing feet, which are stuffed individually.  Fold foot across cast on edge at right angles to body.  Sew up.

**Finish other foot** off the same way.

**Define legs by** sewing through all thickness from feet towards belt, finishing off 1 rows from belt.  Define arms same way starting 1 row from neck.

Please ship dolls to:  Heart for Africa
13680 Hwy, 9, Building G-400
Milton, GA  30004

www.heartforafrica.org